BRI/SRU

14 December 2020

Dear Parents, Carers and Students

COVID-19 Update

I would like to thank you for your support in helping us to keep our students, staff and wider community as safe as possible by following the guidance and, for those of you who have been in touch, by offering kind words of support for our approach to managing risks whilst doing all we can to optimize conditions for learning and promoting wellbeing.

End of Term – Track and Trace
We have been asked by Public Health England to remain contactable at the end of term so we can assist with track and trace for positive cases where necessary. We are asking parents to contact us if your child tests positive for COVID-19 at any time during the school holidays. We would be grateful if could complete and submit our COVID-19 Track and Trace form, ensuring all details are completed.

It is of vital importance that the school is informed immediately of any students who receive a positive test result. Any delays in communicating this to us will delay our actions to identify and isolate any close contacts of students who have contracted the virus, making it more likely to spread within our community.

Reminder of End of Term Arrangements
On Friday 18 December there will be a staggered end to the school day to allow for year groups to leave separately.

Y10 and Y7 will finish at 1pm.
Y8 will finish at 1.10pm.
Y11 and Y9 will finish at 1.20pm.

Friday 18 December will also be a non-uniform day. Students may choose to wear a Christmas jumper if they would like to do so, but this is certainly not a requirement. As has become customary, on the day we will be inviting students to make a £1 donation to Save The Children. Donations will be collected at the gate when students come into school.

On behalf of all the staff and governors at Parkside Community School may I wish you a Merry Christmas and a restful time with your family over the holiday.

We are extremely grateful for your continued support with our efforts to keep our school community as safe as possible during these challenging times.

Take care and best wishes

Mr B Riggott
Headteacher

Ofsted
Good
Provider

What to do if your child develops symptoms of COVID 19

If your child develops symptoms of COVID-19, they must not come to school and should remain at home for at least **10 days** from the date when their symptoms appeared. Anyone with symptoms will be eligible for testing and this can be arranged via https://www.nhs.uk/ask-for-a-coronavirus-test or by calling 119.

All other household members who remain well, must stay at home and not leave the house for 14 days. This includes anyone in your 'Support Bubble'.

Further information is available at: https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection

The 10-day period starts from the day when the first person in the house became ill.

Household members should not go to work, school or public areas and exercise should be taken within the home.

If you require help with buying groceries, other shopping or picking up medication, or walking a dog, you should ask friends or family. Alternatively, you can order your shopping online and medication by phone or online.

Household members staying at home for 10 days will greatly reduce the overall amount of infection the household could pass on to others in the community

If you are able, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period.

Symptoms

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- a new continuous cough
- a high temperature
- a loss of, or change in, your normal sense of taste or smell (anosmia)

For most people, coronavirus (COVID-19) will be a mild illness.

If your child does develop symptoms, you can seek advice from the nhs.uk website at https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/. If you are concerned about your child's symptoms, or they are worsening you can seek advice from NHS 111 at https://111.nhs.uk/ or by phoning 111.

How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

Do
- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

Further Information
Further information is available at https://www.nhs.uk/conditions/coronavirus-covid-19/