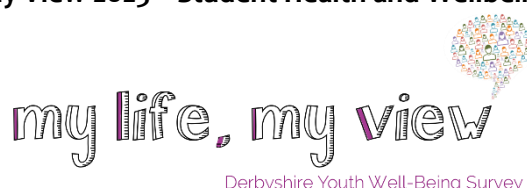


Dear Parents and Carers

**My Life, My View 2023 – Student Health and Wellbeing Survey**



Our school, along with several others, has agreed to participate in a very important survey amongst young people. We have been asked to support the work of the Local Authority Children's Services and Public Health and we stand to benefit substantially through our participation in the survey.

The survey data in schools may prompt review of the curriculum and have also been used in a variety of ways including:

1. As a starting point for discussion in classroom activities
2. As a guide in the choice of resources
3. As a prompt for appropriate timing of courses
4. As a beginning for further enquiry to strengthen existing programmes, e.g. in PE
5. As a starting point for discussions between parents and schools

The My Life, My View survey has been in use in Derbyshire since 2015; the SHEU who are running this survey for the Council have been engaged in this sort of work since 1977.

The questions concern a wide range of health topics, for example:

<b>Home and family</b>	<b>Emotional health and well-being,</b>
<b>Tobacco, Alcohol, Drugs</b>	<b>Leisure and online activities</b>
<b>Healthy Eating</b>	<b>Exercise</b>
<b>School and Council support</b>	<b>Relationships, Sexual health</b>

Both the Local Authority and the school find the content of the questionnaire acceptable; it has been customised to suit our local setting.

Each questionnaire is anonymous and confidential, and no pupil will be identified when the data is returned to school. The Local Authority will receive only the summary of all schools in which individual schools are not identified. Data Protection concerns are covered in the Privacy Notice for pupils, which can be found on the reverse of this sheet.

I hope you will agree with us that this is an exercise in which we wish to co-operate fully. I will assume you do approve unless I hear otherwise. We hold a copy of the questionnaire in the school office, and if you would like to examine it, you are welcome to do so by appointment.

The survey will be carried out before the summer break.

Yours sincerely

Anthony Chipp

Director of Arts and Personal Development

# Privacy Notice – children and young people’s surveys



## 1. Who are you?

We are a research unit in South-West England. We have been asked by Derbyshire County Council to help collect information from young people. [www.sheu.org.uk](http://www.sheu.org.uk)

## 2. What will I be asked?

You will be asked about your experiences and feelings, and other important things about you. You will not be asked for your name or address, and please don't tell us! We do ask for your postcode so that we can look at different areas – your home will not be identified and you can enter just the first part of your postcode if you prefer, or nothing at all.



## 3. Why do you want to know this?

The Council wants to hear the views of children and young people in Derbyshire. The information will be used to help plan services for children and young people in the future.

## 4. How will you use my information?

We will send reports to the Council, showing them how many children and young people gave different answers. Some overall findings will also be shared with organisations working with the Council, and on social media. The reports might say things like:



- 70% of children in Derbyshire Dales can swim 25m, but in the whole County the figure was 60%



## 5. How will you collect this information?

We are going to ask you questions in an online survey.

## 6. How do you keep this information?

Your answers will be kept safe on our computers. We keep records for many years, so that we can see how young people's lives are changing.



## 7. Are you allowed to do this? ('legal basis for processing')

The Council is allowed to collect information to help it plan and monitor things it does to support young people's education, health and wellbeing – the sorts of things it has to do ('legal functions' and 'public interest').

SHEU is allowed to use information to produce its reports as long as no-one can tell what answers you gave ('legitimate interests').

## 8. Who gets to see the information?

Only staff from SHEU and from the Council who need to see the information to do their job are allowed to see your answers. They won't show your answers to anyone else. Everyone else sees only percentages. If you tell us something that makes us think you are not safe, we will not be able to offer you support because we will not know who you are. If you think you are not OK or if you feel unsafe, please talk to an adult you trust, or contact Childline free on 0800 1111 or visit their website [www.childline.org.uk](http://www.childline.org.uk) to get support by email or 1-2-1 chat.



## 9. What's next?



If you agree with all this, please tick the box at the start of the survey. If not, don't take part. You can leave out any questions you don't want to answer, and you can stop at any time. Later, if you want to see what we know about you, you can ask us, and you can tell us to delete it. But remember, we might not be able to find your answers because we don't know your name.

