



# PARKSIDE

COMMUNITY SCHOOL

Small School ♦ Strong Values ♦ Great Experiences

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Dear Parents/Carers

## **Relationships, Sex and Health Education terms 5 and 6 (RSHE)**

Over the next two terms, the personal development lessons for Years 7, 8 and 9 will focus on relationships, sex and health education topics that form the statutory element of our PSHE (personal, social, health and economic) curriculum, which all schools in England are required to teach. We will be teaching lessons that cover topics such as online safety, puberty, consent, prevention and dangers of sexually transmitted diseases, FGM and body image. During these lessons, pupils will be able to ask questions, which will be answered factually in an age-appropriate manner. Each pupil's privacy will be respected, and no one will be asked to reveal personal information.

We want to assure parents/carers that our curriculum is taught in an age-appropriate manner and provides pupils with the time to ask questions in a safe environment and ultimately receive factual information, rather than hearing content second hand or via online platforms. In the 21<sup>st</sup> century pupils are exposed to so many incorrect messages about their bodies, relationships and expectations. The prevalence of sexual images in social and other media make it important that all young people have a place to discuss pressures, check facts, dispel myths and ultimately feel safe.

RSHE is a carefully planned curriculum and is there to ensure our pupils can navigate the world around them safely. An uninformed child is often a child left vulnerable and we want to empower our pupils here at Parkside to be safe and happy.

Parents/carers are the most important educators of children and young people in personal issues and many welcome the support that school can offer to supplement their home teaching.

You may find that your child starts asking questions about the topic at home, or you might want to take the opportunity to talk to your child about issues before the work is covered in school. If you have any queries about the content of the programme or resources used, please do not hesitate to get in touch for further details.

Yours sincerely

Mr R Hoben  
Senior Leader for Personal Development